

Douglas Youth Soccer

COACHES SAFETY CHECKLIST

Prior to all practices and games all coaches should adopt the habit of making sure the field and goals provide for a safe environment for the players and spectators

FIELD SAFETY

Walk the field:

- Inspect for any foreign object
- Check for pot holes
- Make sure sprinkler heads are sealed
- Notify your club and field owners of unsafe field conditions (in writing)
- Do not allow anyone to use the field until all hazards have been corrected

GOAL POST SAFETY

- Make sure goals are properly fastened and anchored to the ground
- Inspect goal post for sharp corners and unsafe rusting
- Portable goal posts should only be moved by authorized personnel or under proper supervision
- Forbid any horseplay by players or members of the public on or around any goal post
- Anchor or chain one portable goal to another or to a nearby fence when not being used
- Remove nets (if possible) when goals are not in use

PLAYER SAFETY

- Communicate the law of the game to all players and parents
- Position yourself to provide proper supervision at all times
- Make sure jewelry and hair pieces are removed and shoe laces tied
- If severe weather approaches, remove all players from the playing fields immediately.
- Know the location or nearest emergency facility. Also you must know of any health issues your players may have.
- Keep a first aid kit handy at all times, phone numbers of parents/emergency contacts, cell phone
- Arrange for supervision of players without rides at conclusion of every practice
- Make sure you or an official on the field has basic first aid training.



- Don't hesitate to involve the parents with maintaining the safety of your players
- Maintain a supply of player medical claim forms
- Obtain and record relevant information about an injury to a player and/or spectator-at time of incident